



### WHAT TO BRING TO CANAIMA

- ◆ 1 little bag to take with you to the excursions
- ◆ 1 waterproof jacket
- ◆ 2 light pairs of pants
- ◆ 1 long-sleeved shirt
- ◆ 2 shorts
- ◆ 4 tee-shirts
- ◆ 1 fleece jacket
- ◆ 1 pair of sportswear pants to be comfortable for the night
- ◆ Underwear and socks
- ◆ Swim suit
- ◆ Multi-activity shoes or tennis shoes
- ◆ Sandals
- ◆ Sun protector
- ◆ Hat or cap
- ◆ Sunglasses
- ◆ Pocket light
- ◆ Cream against mosquitoes
- ◆ Passport
- ◆ Camera
- ◆ Binocular
- ◆ Toilet set
- ◆ Plastic bags and waterproof case to protect your stuff from the rain

**IMPORTANT:** For the excursion to Sapo Falls, it is important to bring footwear that can get wet. The plastic flip flops are strongly discouraged because the stones behind the waterfalls can be slippery. Closed sandals with ankle strap, neoprene slippers for water sports, Crocs or Keen waterproof shoes are recommended.