



## Chile Nativo - Suggested Packing List

Last Frontier/Glacier Trail/Fjord Trail/Baqueano Zamora Trail/Estancias & Glaciers/Patagonia Ride

*Chilean Patagonia is famous for its unpredictable weather. Because of the possibility of experiencing all four seasons in one day, it is important to be prepared for anything; Calm cloudless skies to strong gusting winds, to extreme sun, down to chilling cold, as well as rain. The secret in Patagonia is to dress in layers, to obtain maximum comfort with minimum weight. It is important to use wind resistant clothing made from materials which also dry fast, which is why we recommend not using cotton. If you are thinking of buying new riding boots, make sure to wear them in beforehand. We recommend bringing a skin lubricant such as "Body Glide®" which can help with chafing and saddle sores.*

### For Riding Days

- Riding boots, broken in
- Riding pants (*jeans or other comfortable trouser sack*)
- Waterproof (*lightweight*) jacket (*ex.: Gore-Tex®*)
- Thermal, synthetic, quick drying undershirts and mid-layers (*ex.: Capilene®*)
- fleece jacket or wool sweater
- hat with ear-cover
- neck scarf (bandana style, fleece or wool)
- sun glasses
- UV sun protection (*minimum 30 SPF*)
- refillable water bottle or hydration system
- personal riding gloves (quick drying and insulated recommended)
- daypack (to transport personal belongings in transfer)

### Optional

- mosquito repellent
- reading materials
- binoculars
- camera, chargers & spare batteries
- alarm clock
- several zip-lock baggies (*to keep personal items dry*)
- Cowboy hat or similar with chin strap

### After excursions/personal items

- 3-4 season sleeping bag (*-5/-10°C with compression stuff*)
- Therm-a-rest® or similar camping mattress (*light weight and compact recommended*)  
*(Sleeping bags and pads (foam roll kind) may be rented, contact Chile Nativo pre-departure for details)*
- Comfortable change of cloths and shoes for hotels/camp
- camp towel (*quick drying recommended*)
- Toiletries and personal Medical kit (prescriptions, cold medicine, vitamins, etc) (no soap/shampoo available in camp/huts)
- sleep wear
- underwear
- fleece or wool gloves for around camp
- small flashlight or headlamp with batteries

### Documentation

- passport with Chilean entry forms
- copy of health and travel insurance
- air tickets (copies)