

FOR YOUR TRAVEL COMFORT, WE RECOMMEND:

- Sunscreen
- Biafine for burns
- Mosquito repellents
- Antidiarrheal such as Imodium
- Gastric- antiseptic such as Intetrix
- Analgesic such as Efferalgan (paracetamol)
- Antimalarial prophylaxis such as Malarone, savorine
- A broad spectrum antibiotic
- Closed all-terrain basket shoes (especially for park visit)
- Sandals for beach
- A small sweater or fleece mid-season
- T-shirt
- Lightweight shorts and pants
- Hat or cap