

Chile Nativo - Packing List

Paine Big Circuit

The weather is famous in Patagonia; you might feel 4-seasons in one day, including high winds to extreme sun, down to chilling cold. The secret in Patagonia is to dress in layers, to obtain the maximum comfort with minimum weight. It is important to use wind resistant clothing made from materials which also dry fast, which is why we recommend not using cotton. If you are thinking of buying new shoes, make sure to wear them in beforehand. Bring a treatment against blisters (moleskin, second skin, etc.); a good idea just incase. We recommend a cord or other attachment for glasses and sun glasses and hats.

For Active Days

- ☐ Hiking boots (waterproof and broken-in)
 - ☐ waterproof jacket and pants (ex.: Gore-Tex®)
 - ☐ thermal, synthetic quick drying undershirts (ex.: Capilene®), cotton does not dry as quickly or keep you as warm during active days
 - ☐ fleece jacket or pullover
 - ☐ fleece or wool hat with ear-cover
 - ☐ wool blend hiking socks (ex: Smartwool®)
 - ☐ hiking pants or zip-off convertible style pants
 - ☐ fleece or wool scarf
 - ☐ mountain backpack: 40-60 liters (depends on how much you plan to pack and if you hire porters)
 - ☐ Waterproof/fleece/woolen gaiters
 - ☐ sun glasses with neck strap
 - ☐ UV sun protection (minimum 30 SPF) including face and lips
 - ☐ baseball cap or similar for blocking the sun
 - ☐ Waterproof/fleece/woolen gloves (highly recommend)
 - ☐ trekking poles (highly recommend)
 - ☐ refillable water bottle or hydration system
- ***Water is refilled from the streams in the TDP park - always from reliable sources and does not need to be filtered as there is no presence of Girardi - you may bring your own filter or purification tablets if you prefer.

After excursions/personal items

- ☐ 3-4 season sleeping bag (-5/-10°C with compression stuff sack)
- ☐ Therm-a-rest® or similar camping mattress (light weight and compact recommended)
- ☐ (Sleeping bags and pads may be rented, contact Chile Nativo pre-departure for details)
- ☐ one change of cloths for camp/sleep wear
- ☐ toiletries and personal Medical kit (prescriptions, cold medicine, vitamins, etc) (no soap/shampoo available in camp/huts) & padlock in case of upgrade to huts is requested.
- ☐ camp towel (quick drying)
- ☐ small flashlight or headlamp with extra batteries
- ☐ lightweight sandals for around camp (can be used in showers too)

Optional

- ☐ mosquito repellent
- ☐ reading materials
- ☐ binoculars
- ☐ camera, chargers & spare batteries
- ☐ alarm clock

Documentation

- ☐ passport with Chilean entry forms (immigration card)
- ☐ copy of health and travel insurance and air tickets