



#WOMENCLIMBKILI JULY 2020



Eco-Africa Climbing

Website: www.eco-africaclimbing.com

Office Location: Moshi, Kilimanjaro, Tanzania **Whats App:** +255786528219

"Responsible Tourism is the future of Travel, be a Responsible Traveler"

TRIP OVERVIEW

Women around the World to join together for a once in a lifetime trek to scale Africa's highest freestanding mountain in July 2020.

Price: US **\$4850** per lady to join this trip.

If she will want to do this trip as a single she will pay US **\$5976**

Arrival Date: 11st July 2020.

Start Climb Date: 13rd July 2020.

Route to the summit: Lemosho Route.

Trip Length for will be:

16 Days (8 Days Trekking + 5 nights Hotel, 2 nights before Climb and 2 nights After Climb and 1 night after Safari).

End of Trip will be: 26th July 2020

THIS PACKAGE IS **COMFORTABLE** SYTLE

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Tour Reservation

There is spot for this trips is open so we welcome more women around the world to join this trip

ROUTE INFORMATION

Lemosho Route

The Lemosho route is one of the newer routes on the mountain, and a superb choice for your climb. It is our preferred route due to its ideal balance of low traffic, beautiful scenery and a high summit success rate. Most of our clients use this route and love it. The route approaches Mount Kilimanjaro from the west, beginning with a long drive from Moshi to Londorossi Gate. From there, the first two days are spent trekking through the rainforest to Shira Ridge. Unlike the popular Machame route, which simply intersects the Shira Plateau, the Lemosho route crosses the entirety of the plain from west to east in a pleasant, relatively flat hike. An added bonus is that climbers will encounter low traffic until the route joins the Machame route. Afterwards, Lemosho follows the same route through Lava Tower, Barranco and Barafu, known as the southern circuit. Descent is made via the Mweka route.

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DETAIL ITINERARY

DAY 1: ARRIVE KILIMANJARO AND TRANSFER TO HOTEL IN MOSHI ON 11ST JULY 2020

Arrive at Kilimanjaro Airport (IATA code: JRO). Eco-Africa Climbing representative will be there to collect and transfer you to your hotel in Moshi. The hotel check in on this day will be at 11 am EAT.

Accommodation: [Panama Garden Resort](#) or similar hotel in Moshi.

Room plan: Double Occupancy based on Bed and Breakfast

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DAY 2: REST DAY IN MOSHI ON 12ND JULY 2020

This day all women will meet and get to know each other for the first time in Moshi.

In the evening our mountain guides will provide briefly about the Mountain and inspect all the gear.

Meal Plan: Breakfast.

Accommodation: [Panama Garden](#) or similar hotel in Moshi.

Room plan: Double Occupancy based on Bed and Breakfast

DAY 3: LEMOSHO GATE – BIG TREE CAMP ON 13TH JULY 2020

The day begins with a long drive to Londrossi Park Gate (2100 m) for registration. Pass through village communities to the trailhead to start hiking on the route along a narrow forest path to reach Mti Mkubwa (Big Tree) campsite (2800 m).

Trekking Time: 2-3 hours | Distance: 5 km | Altitude Gain: 411 m.

Meal Plan: Breakfast, Lunch and Dinner

Accommodation: Camping at Big Tree Camp Camp.

Room plan: 2 ladies will share one Tent

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DAY 4: TREE CAMP - SHIRA HUT 1 ON 14TH JULY 2020

Leaving the forest, the trail gets steeper as it enters the moorland zone towards the valley. A gentle grade walk takes you across the high altitude Shira Caldera past Shira Cave (views of Arrow glacier) at 3500 m and then gently downwards to Shira Hut 1 located near a stream on the Shira Plateau.

Trekking Time: 3 hours | Distance: 8 km | Altitude Gain: 719 m.

Meal Plan: Breakfast, Lunch and Dinner

Accommodation: Camping at Shira Hut 1.

Room plan: 2 ladies will share one Tent

DAY 5: SHIRA HUT 1 - SHIRA HUT 2 ON 15TH JULY 2020

A gentle hike across the plateau within the moorland meadow takes you to Shira Hut 2 for the afternoon and overnight.

Many hikes are available on the Plateau, making this a great day for acclimatization.

Trekking Time: 3 hours | Distance: 7 km | Altitude Gain: 321 m

Meal Plan: Breakfast, Lunch and Dinner

Accommodation: Camping at Shira Hut 2

Room plan: 2 ladies will share one Tent

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DAY 6: SHIRA HUT 2 - BARRANCO CAMP ON 16TH JULY 2020

Walking now on high moorland, the landscape changes the entire character of the trek. Traverse the southwest side of Kilimanjaro, passing underneath the Lava Tower and the final section of the Western Breach to reach Barranco camp (3900 m). The day has been spent at altitude (up to 4600 m), but you will have followed the mountaineering code of 'walk high, sleep low' to avoid altitude sickness by aiding your bodies in acclimatization.

Trekking Time: 6-7 hours | Distance: 10 km | Altitude Gain: 60 m

Meal Plan: Breakfast, Lunch and Dinner

Accommodation: Camping at Barranco Camp.

Room plan: 2 ladies will share one Tent

DAY 7: BARRANCO CAMP- KARANGA VALLEY ON 17TH JULY 2020

Start the day by descending into the start of the Great Barranco, a huge ravine. Then exit steeply, up what has been termed the Breakfast Wall, which divides you from the southeastern slopes of Kibo.

It is a climb over rocks, although not technical. Passing underneath the Heim and Kersten glaciers, head towards the Karanga Valley (4000 m) for overnight.

Trekking Time: 4-6 hours | Distance: 5 km | Altitude Gain: 100 m

Meal Plan: Breakfast, Lunch and Dinner

Accommodation: Camping at Karanga Valley

Room plan: 2 ladies will share one Tent

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DAY 8: KARANGA VALLEY - BARAFU CAMP ON 18TH JULY 2020

The day is characterized by a short hike on terrain formed by scree. Walk through arid land towards Barafu Camp (4600 m) where you have the entire afternoon to rest before ascending towards the summit.

Trekking Time: 2-4 hours | **Distance:** 4 km | **Altitude Gain:** 600 m.

Meal Plan: Breakfast, Lunch and Dinner

Accommodation: Camping at Barafu Camp

Room plan: 2 ladies will share one Tent

DAY 9: BARAFU CAMP - UHURU PEAK – MILLENNIUM CAMP ON 19TH JULY 2020 SUMMIT DAY

We avoid walking too long in the heat of the sun today by starting around midnight, walking steeply upwards to the summit glaciers. You will be climbing scree for 5 to 6 hours but you gain incredible height over a short distance. The views are spectacular. You should be on the crater rim at Stella Point (5750 m) as the first rays of the sun emerge. Spectacular ice cliffs within the crater surround you and the views to Mawenzi peak and beyond are breathtaking. Another hour's walk takes you to your goal, the summit of Uhuru (5896 m), the highest point; Uhuru means freedom in Swahili.

Trekking Time: 6-8 hours | **Distance:** 7 km | **Altitude Gain:** 1296 m

After a quick celebration and photos at the top, you will begin the descent by returning to Stella Point and then descending on scree slope back to Barafu Camp for breakfast and a short rest before finally heading down to Millennium Camp (3000 m) for a well-earned rest. On the descent, you will have fabulous views of the plains and Mawenzi peak.

Trekking Time: 6-8 hours | **Distance:** 12 km | **Altitude Loss:** 2896 m

Accommodation: Camping at Millennium Camp

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Meal Plan: Breakfast, Lunch and Dinner

Room plan: 2 ladies will share one Tent

DAY 10: MILLENNIUM CAMP – MOSHI ON 20TH JULY 2020

A gentle trek takes you down through the rainforest to the Mweka Gate (1640 m), where park formalities will be completed, you will be met by our vehicles, and receive your certificate of ascent courtesy of the Kilimanjaro National Park Authority. Thereafter, drive back to Moshi where you can treat yourself to a well-earned shower and a cold beer or two.

Trekking Time: 4-5 hours | Distance: 10 km | Altitude Loss: 1360

Meal Plan: Breakfast and Lunch.

Accommodation: [Panama Garden Resort](#) or similar hotel in Moshi.

Room plan: Double Occupancy based on Bed and Breakfast

DAY 11: CHARITY DAY MOSHI ON 21TH JULY 2020

This day all women will visit some projects which Eco-Africa Climbing support.

Meal Plan: Breakfast and Lunch.

Accommodation: Panama Garden Resort or similar hotel in Moshi.

Room plan: Double Occupancy based on Bed and Breakfast.

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DAY 12: SERENGETI NATIONAL PARK ON 22ND JULY 2020

We will start to drive from Moshi to the Serengeti National Park crossing the Masaai Steppe and the Ngorongoro Conservation Area, entering the Serengeti via Naabi Hill Gate.

Meal Plan: Breakfast, Lunch and Dinner.

Accommodation: Tanzania Bush Camp or Similar Lodge in Serengeti

Room plan: Double Occupancy

DAY 13: SERENGETI NATIONAL PARK FULL DAY ON 23RD JULY 2020

Wake up for a full day of game drives in the Serengeti plains with picnic lunch taken at one of the designated sites, or if you wish you can do an early morning game drive then go back to the Lodge/tented camp for breakfast then relax until in the afternoon. You can then go for a sunset game drives in the plain.

Meal Plan: Breakfast, Lunch and Dinner.

Accommodation: Tanzania Bush Camp or Similar Lodge in Serengeti

Room plan: Double Occupancy

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DAY 14: SERENGETI - NGORONGORO CONSERVATION AREA

ON 24TH JULY 2020

After breakfast in the morning, we drive back slowly through the Central Serengeti with game viewing on the way until Naabi Hill Gate where we check out of the Serengeti National Park. We will drive to the Ngorongoro Crater Rim. You will have a chance to visit the Olduvai Gorge or Maasai Village (at extra costs) if you wish. After arriving at Rhino Lodge drive to the starting point on the Crater rim about 5 kilometers from Rhino Lodge. The walk is along the Western rim of the Crater past the Oloirobi viewpoint. There are patches of forest, to begin with, and later it opens up into thicket and grassland, giving beautiful views down into the Crater on your right and eventually equally good views towards Olduvai Gorge, the Serengeti and the Gol mountains to your left. This is an easy-paced walk with no arduous climbs, just a few short gradients. It lasts about 2 hours and can be done at any time of day.

Meal Plan: Breakfast, Lunch and Dinner.

Accommodation: Rhino Lodge or Similar Lodge in Ngorongoro.

Room plan: Double Occupancy

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DAY 15: NGORONGORO CRATER - DRIVE BACK TO MOSHI

ON 25TH JULY 2020

Very early morning we drive down the Ngorongoro Crater walls to the Crater floor where we will spend the better part of the day doing game drives in this 8th wonder of the world also referred to as the Eden of Africa. Here we will get the chance to spot the animals that we might have missed at Serengeti with a little luck you can spot the Big 5 that is; Elephants, Lions, Leopards, Buffaloes, and Rhinos, in a single day's game drive.

Meal Plan: Breakfast and Lunch.

Accommodation: [Panama Garden](#) or similar hotel in Moshi.

Room plan: Double Occupancy based on Bed and Breakfast

DAY 16: DEPARTURE DAY ON 26TH JULY 2020

We will transfer you from the hotel to Kilimanjaro International Airport (JRO) where you will fly back home. If you will have more time you can extend to Zanzibar, but additional cost will be required.

Meal Plan: Breakfast

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WHAT INCLUDED IN TREK

- ✓ Meet and greet on arrival by your Eco-Africa Climbing representative at Kilimanjaro Airport who will pick group of women and transport to them hotel in Moshi.(2 transfers to and from the Kilimanjaro airport per group).
- ✓ Tanzania 18% VAT on tourism activities and park fees.
- ✓ Adequate and appropriate number of guides, porters, and cooks for the group.
- ✓ Government taxes.
- ✓ All park fees, camping fees, rescue fees and team fees.
- ✓ Carbon Offset.
- ✓ Transfers to and from the route gate(s) (2 transfers).
- ✓ Sleeping mattress pad(s), dining tent(s), sleeping tent(s), and crew's equipment-Dining tent and sleeping tent for Kilimanjaro trek.
- ✓ 4 nights in a hotel in Moshi Double Occupancy based on a Bed & Breakfast basis (2 nights before trekking & 2 nights after trekking).The hotel check in is at 11 am and checkout is at 10 am EAT.
- ✓ 3 full fresh meals daily. We provide fresh food on the mountain in plentiful And well prepared by skilled professional cook (we also consider your choice of food that you would prefer -Vegetarian and Non-Vegetarian).
- ✓ Menu especially designed for climbers
- ✓ (Breakfast, lunch, and dinner, as well as hot drinks on the mountain).
- ✓ Hot drinks on the mountain and Hot water for washing will be provided every day on the mountain.
- ✓ 3-4 liters of mineral (per Climber) provided daily during the climb.
- ✓ Portable toilets for the trek with the tent for Kilimanjaro trek.
- ✓ Emergency evacuation covers by KILIMANJARO SAR HELICOPTER but the climber should have an insurance which cover 6000 meters above the sea level.
- ✓ Forest fees.
- ✓ Hotel accommodation includes storage facilities for excess luggage during hikes.

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- ✓ Kilimanjaro National Park rescue fees (Kilimanjaro Rescue Team).
- ✓ Chief guide carries a Pulse Oximeter, used to take blood-oxygen level Readings of women twice a day.
- ✓ Emergency oxygen (for use in emergencies only – not as summit aid).
- ✓ Basic first aid kit (for use in emergencies only).
- ✓ Salaries for mountain support crew, as per required MINISTER OF NATURAL RESOURCES AND TOURISM IN TANZANIA and KPAP.
- ✓ Porter to carry your duffel bag, with a maximum weight of 15kg / 32 lbs, from one camp to the next camp.
- ✓ Kilimanjaro National Park certificate for your successful summit attempt.

WHAT NOT INCLUDED IN TREK

- International airfares and departure taxes.
- Items of a personal nature.
- Sleeping bag.
- Tips for crew – KPAP recommend approx US\$300
- Entry visa for Tanzania (US\$50 for most passport holders).
- Personal travel insurance (must include trekking to 6000m).
- Personal hiking/trekking gear.
- Travel Insurance (we are highly Recommend).
- Personal medicine.
- Meals, snacks and drinks not specified.
- Single tent and hotel occupancy costs an additional \$250 per person and must be requested at time of booking.

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WHAT INCLUDE ON SAFARI

- ✓ 4 days Serengeti safari.
- ✓ Transport and wildlife drives in modified 4 x 4 Land Cruiser with photographic roof hatch.
- ✓ All meal per itinerary
- ✓ 3 nights' accommodation in lodges and/or permanent tented camps as mentioned in the itinerary, Double Occupancy based on full board basis.
- ✓ Services of a professional English speaking safari guide.
- ✓ All wildlife reserve entry fees and concession fees.
- ✓ All game drives as mentioned in the itinerary.
- ✓ 03 x 1.5 mineral water per person/day during game drives.
- ✓ 03 x FB at safari lodges or tented camps as per itinerary.
- ✓ 1 night at hotel in Moshi after Safari.
- ✓ Value Added Tax by Tanzania Revenue Authority.
- ✓ Carbon offsetting.

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WHAT NOT INCLUDED ON SAFARI

- International Flights.
- Any domestic connection flights on arrival or departure.
- All items of a personal nature.
- Gratuities for safari guide and lodge staff (please tip separately).
- Travel insurance if needed.
- Visa fee (50 US\$ /100 US\$ for American or Irish Passport holders – to be paid upon arrival).
- Tip for the Driver, whereby the recommended tip for Safari Driver/Guide is **\$30-\$50** per day per car.
- Drinks and beverages in lodges.
- Hot Air Balloon Safari at Serengeti National Park.

The guidelines for tipping are as follows:

- Guide – **\$15** to **\$20** per day.
- Assistant Guide – **\$10** to **\$15** per day.
- Chef – **\$10** to **\$15** per day
- Porters – **\$5** to **\$8** per day per porter.

Tip for the Driver, whereby the recommended tip for Safari

- Driver/ Safari Guide is **\$30- \$50** per day per car.

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ETHICAL KILIMANJARO CLIMBS

We are doing ethical climbs and responsible Trekking; we believe the tourism industry has an obligation and a great opportunity to protect the world's natural habitats, cultural heritage sites and communities. We actively promote environmental sustainability and social responsibility.

We are not doing cheap Climb, cheap climb means we are doing tourism while exploiting our Porters who are the ones who make Kilimanjaro trek possible for the vast majority of climbers, and who do all the heavy lifting. Fair and ethical treatment of our porters (crew) is one of the important priorities of Eco-Africa Climbing when we do climb.

Eco-Africa Climbing has begun the qualification process to become a Partner with the Kilimanjaro Porters Assistance Project (KPAP). Please contact (info@kiliporters.org) to confirm this.

KPAP raises public awareness regarding the proper treatment of porters on Kilimanjaro and assists climbing companies with implementing procedures that ensure fair and ethical treatment of their porters.

Every of our climb is audited by KPAP to ensure crewmembers are provided proper salaries, tips, food, equipment and sleeping conditions.

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